 **BBQ Chicken Sweet Potato**

*Serves 2*

**Ingredients**

2 pieces of baked chicken (3oz each)

1 baked sweet potato

½ cup shredded cheese

½ cup black beans

1 tbsp BBQ sauce

¼ cup greek yogurt

¼ tsp nutmeg

½ tsp chili powder

**Directions**

1. Cut sweet potato in half once cooled
2. Using a fork, lightly scrape the inside of the potato so it is loose.
3. Add shredded chicken, ¼ cup black beans, ¼ cup cheese to each half and bake/microwave to melt cheese.
4. Mix BBQ sauce, greek yogurt, nutmeg, and chili powder. Use half the mixture to top each potato.
5. Add steamed veggies on top or on the side!

**Nutrition**

*300 cals, 20g C, 15g F, 29g P*