 **Light Pesto**

*Serves 8*

**Ingredients**

2 cups basil

¼ cup pine nuts

3 tbsp olive oil

3 tbsp parmesan cheese

2 tbsp water

2 cloves garlic

**Directions**

1. Place all ingredients in a food processor and blend until smooth.

**Nutrition**

*75 cals, 1g carb, 2g protein, 7g fat*